

Provisional referral form

Referrer details

Date of referral	Referrer Name
Phone	Fax
Email	
Organisation	Role

Consumer details

Full name				
Gender		Pronouns		
Do you identify as LGBTQIA+?	Yes	No	How do you identify?	
DOB				
Phone	Is it ok for us to leave a message?		Yes	No
Is it ok to send an sms?	Yes	No	Email	
Home address				
Aboriginal and/or Torres Strait Islander			Yes	No
Main language spoken		What is your country of birth?		
Interpreter required	Yes	No	Interpreter language	
Next of Kin		Next of Kin relationship		
Next of Kin contact details				
GP details				
Has an IAR been completed?	Yes	No	If yes please provide score	

Referral information

Main presenting issues

Goals and focus for engagement

Are there any other agencies involved if so who and what type of support?

Time and Nature of support from referrer

Safety Information

Are there any safety concerns relevant for the southern wellbeing hub to know about IE: Self harm, Suicidal ideation, Drug and/or Alcohol use, DV? Yes No
If yes please provide appropriate details.

Suicide Prevention Service

A short-term intervention program designed to reduce suicidal ideation and behaviors, aiming to prevent the need for hospital admission. Mental health professionals provide comprehensive risk assessments, evidence-based therapeutic interventions, and practical support to individuals at risk of suicide. This service is not suitable for individuals assessed to be at imminent risk of suicide. This includes, but is not limited to, those who present with:

- Persistent, intense, and compelling suicidal thoughts
- A predominant focus on suicide over hopeful or positive thinking
- Significant difficulty or inability to generate positive or future-oriented thoughts
- A pervasive sense of hopelessness or disconnection from life
- Established plans, access to means, or evidence of putting affairs in order

Individuals meeting the above criteria should be referred for immediate crisis intervention or hospital admission as appropriate.

Are you wanting to refer to our suicide prevention service? If yes please provide relevant details and rationale. Yes No

Southern Wellbeing Hub Services

This provisional referral form is to access the below Southern Wellbeing Hub services. To see the full range of Southern Wellbeing Hub services visit neaminational.org.au/services/southern-wellbeing-hub
Please select what service you are requesting

Low-intensity Individual Therapies

Easy to access, focused, short-term psychological therapies. Low-intensity CBT based therapies and solution-based therapies are recommended for individuals experiencing mild to moderate issues with their mental health such as symptoms of anxiety and depression.

Low-intensity Groups

Groups provide practical knowledge and resources to help improve mental health and wellbeing. Ranging from one-off sessions to four-week programs, our evidence-based group workshops provide practical knowledge and resources to improve mental health and wellbeing.

Psychological Therapies

Psychological interventions for moderate mental health concerns such as anxiety, depression, stress, and trauma. Psychological interventions help people to develop skills to manage symptoms that concern them and impact on their wellbeing. We collaboratively develop strategies to address concerns and begin to make changes.

Consent to refer

As the referrer, I have discussed the proposed referral with the client and I am satisfied that they understand the proposed uses and disclosures of the information contained in the Referral Form and agree to this information being given to Southern Wellbeing Hub. I understand that I can request a copy of this document once completed and that Southern Wellbeing Hub will store the information provided electronically.

Signed

Date

Submit the referral

Please email the completed referral to southernwellbeinghub@neaminational.org.au

About Southern Wellbeing Hub

Southern Wellbeing Hub offers no-cost counselling and mental health support for a wide range of needs.

4/118 Main South Road, Morphett Vale SA 5162

Phone: 08 8326 3591

Email: southernwellbeinghub@neaminational.org.au

neaminational.org.au

Southern Wellbeing Hub is funded by [Adelaide Primary Health Network \(APHN\)](#).